

TOP PRIZES:

1ST: PS5

2ND: AIRPODS

**3RD: POLAROID
CAMERA**



ARMY COMBAT FITNESS COMPETITION. CAN YOU PASS THE TEST? ENTER FOR A CHANCE TO WIN A PS5!

\$8 BUY IN FOR GENERAL POPULATION, \$6 BUY IN FOR VETERANS/SERVICE MEMBERS.

ARMY COMBAT FITNESS TEST EVENTS



3 REPETITION MAXIMUM
DEADLIFT (MDL)



STANDING POWER
THROW (SPT)



HAND RELEASE PUSH-
UP - ARM EXTENSION
(HRP)



SPRINT-DRAG-CARRY
(SDC)

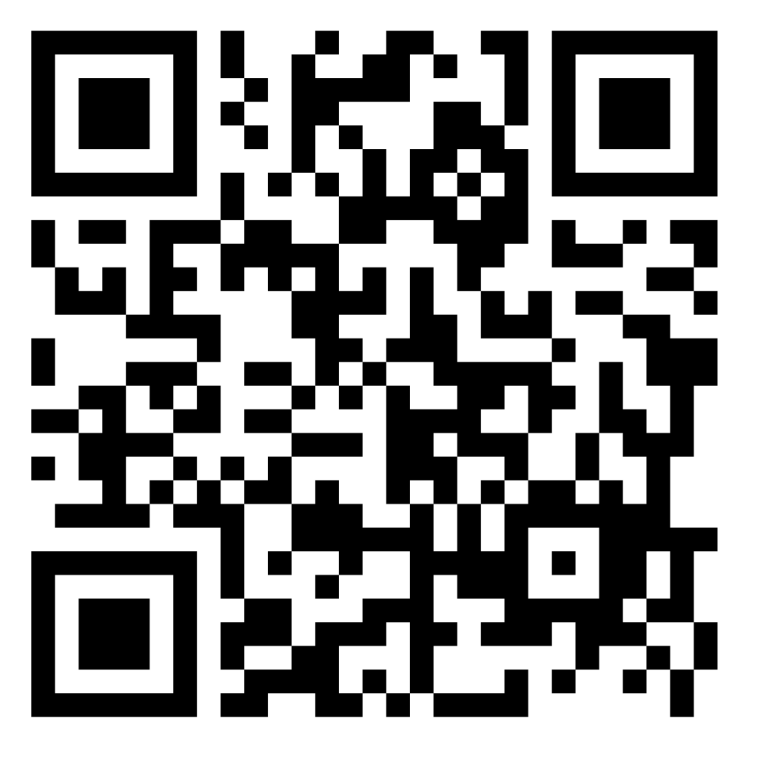


Timed Plank



TWO-MILE RUN (2MR)

REGISTER NOW



HOSTED BY THE CC VETERANS CLUB

SPONSORED BY THE CCSG AND ARMY

RESERVES



WEDNESDAY MARCH 20TH

10AM-1PM

AND THURSDAY MARCH 21ST

1PM-4PM.

COMPETITION WILL BE HELD AT THE CHAFFEY
COLLEGE TRACK AND FIELD.