

KINESIOLOGY (AA-T)

PROGRAM DESCRIPTION:

The Associate in Arts in Kinesiology for Transfer at Chaffey College prepares students to transfer into a four-year institution to pursue a baccalaureate degree in Kinesiology, Exercise Science, or Physical Education. This major will introduce students to many areas of study including health, fitness, physical education, therapeutic/sport medicine, and coaching/sport instruction. Curriculum in this degree will advance the knowledge through the multi-disciplinary study of human movement, exercise and the relationships between physical activity and health.

The program is suited to the needs of students who will complete their education at Chaffey College with an associate degree, as well as those students who will complete their Chaffey associate degree and then transfer to a four-year institution to complete their bachelor's degree. Successful completion of the Associate in Arts in Kinesiology for Transfer guarantees the student acceptance to a California State University (but does not guarantee acceptance to a particular campus or major) to pursue a baccalaureate degree.

CAREER AT A GLANCE:

HOW DO I KNOW IF THIS MAJOR IS FOR ME?

- You enjoy activities that involve assisting others and promoting personal development
- You want to learn about health and wellness
- You enjoy being of service to people
- You enjoy helping others learn how to better take care of their physical health
- You are interested in the body and body movement
- You are want to learn about physical rehabilitation and injuries

Use Focus2Career on your MyChaffey portal to learn more about careers and majors that fit you best.

WHERE CAN I WORK?

Nursing Care Facilities	Medical Facilities
School Districts	City/County Offices
Public Health Centers	Colleges & Universities
Individual/Family Services	Rehabilitation Services
Fitness Companies	Gyms
Sports/Entertainment Companies	Equipment Sales
Community Centers	

For more information visit: www.labormarketinfo.edd.ca.gov/OccGuides

HOW DO I GET STARTED?

- Start taking introductory kinesiology courses
- Apply for entry level positions in reception or customer service with employers where you would like to promote
- Job shadow and network with professionals who work in positions you wish to obtain in the future
- Complete observations in clinics or gyms
- Attend university tours and visit the Transfer Center to decide where you want to transfer

WHAT CAN I DO WITH THIS ASSOCIATE DEGREE?

<i>Position Title</i>	<i>CA Median Salary</i>
Fitness Trainer	\$45,960
Aerobics Instructor	\$45,960
Umpire	\$26,400
Referee	\$26,400
Recreation Leader	\$27,290
Sports Judge	\$26,400
Personal Trainer	\$45,960
PE Teacher Assistant	\$33,660
Camp Counselor	\$27,290
Physical Therapy Aide	\$27,980
Occupational Therapy Aide	\$33,540
Fitness Sales Representative	\$56,760

WHAT CAN I DO WITH HIGHER EDUCATION AND ADDITIONAL TRAINING?

<i>Position Title</i>	<i>CA Median Salary</i>
Coach	\$34,300
Wellness Director	\$87,230
Rehabilitation Director	\$113,790
Physical Therapist	\$95,720
PE Teacher	\$77,980
Adapted PE Teacher	\$77,980
Director of Athletics	\$112,680
University Professor	\$89,580
Athletic Trainer	\$49,720
Exercise Physiologist	\$79,750
Occupational Therapist	\$93,380
Chiropractor	\$70,130
Sports Psychologist	\$109,590
Doctor of Sports Medicine	\$280,000+

For more information about careers, education and training requirements, salary data, and job outlooks visit www.onetonline.org.

KINESIOLOGY (AA-T)

MAJOR AND COURSE REQUIREMENTS:

To obtain the Kinesiology AA-T Degree, students must:

- Complete all major requirements in the major listed below with grades of C or better in each course.
- Maintain a minimum grade point average (GPA) of at least 2.0 in all CSU transferable coursework.
- Complete 60 semester CSU-transferable units using the California State Univ.-G.E. (CSUGE) **OR** the Intersegmental General Education Transfer Curriculum (IGETC) pattern.

LEGEND: G=Grade IP=In Progress N=Need **Bold: Prerequisites** Plain Text: No Prerequisites

<i>Major Requirements for the Associate in Arts for Transfer Degree: (A346A/B)</i>		Grade	IP	Need	Units
KINLEC 18	Introduction to Kinesiology				3
BIOL 20	Human Anatomy				4
BIOL 22	Human Physiology				4

Movement Based Courses (Select three courses- Max one from each area)

<i>Aquatics:</i>		Grade	IP	Need	Units
KINACT 9	Swimming				1

<i>Combatives:</i>		Grade	IP	Need	Units
KINACT 31	Introduction to Self-Defense and Personal Safety				1
KINACT 32	Beginning Jiu-Jitsu				1

<i>Fitness:</i>		Grade	IP	Need	Units
KINACT 24	Cross Training Boot Camp				1
KINACT 25	Spinning for Fitness				1
KINACT 26	Beginning Pilates Matwork				1
KINACT 28A	Beginning Yoga				1
KINACT 29A	Beginning Body Conditioning				1
KINACT 35	Cardio Fitness for Life				1

<i>Individual Sports:</i>		Grade	IP	Need	Units
KINACT 1	Beginning Tennis				1
KINACT 2	Advanced Tennis				1
KINACT 16	Volleyball				1
KINACT 20	Basketball				1
KINACT 22	Soccer				1

<i>List A: Select two courses:</i>		Grade	IP	Need	Units
CHEM 24A	General Chemistry I				5
KINLEC 16	First Aid				3
PHYS 20A	Algebra/Trigonometry College Physics I (or PHYS 45, Physics for Scientists and Engineers I (5))				4
STAT 10	Elementary Statistics (or SCSCI 10, Statistics for Social Science)				4

Total Units for the major: 21-24

Student Name: _____

ID#: _____

Date: _____

Counselor: _____

COUNSELOR NOTES:

	IGETC	CSU
General Education	37	39
Total units that may be double counted	10	10
<u>Elective (CSU transferable) units</u>	9-12	7-10
	60	60

\$46 per unit for CA Residents
